

# Problem-Based Learning Unit Template

## Topic

Finding healthy solutions to food deserts.

## Goals/Objectives

Understanding what is a food desert.  
Explain the difference between healthy and unhealthy food choices.  
Understanding alternative ways of growing plants.

## Theme

Healthy Eating

## Scenario

The first Lady, Michelle Obama recently issued a mandate that all “food deserts” in the United States must be eliminated. She is concerned about the health of the nation’s children. If this situation is not addressed the school district as assigned the George Mason (HLSW) Healthy Living The Smart Way task force the job to collect data about their specific area, and devise a plan to minimize the problem.

## Culminating Activity

Speaker: TBA  
Vegetable /Fruit Tasting (from school garden/greenhouse) to be held on PTA night

## Problem Question

What is a “food desert”?, How does it negatively impact the school community?, What solutions can we find to minimize this problem?

## Student Role

Design and implement a school food/green garden.