

Think Spring! Register NOW for our 2016 Professional Workshop

**Helping Those Who Hurt Without Harming: A Trauma Informed Approach for Coaching Children, Teens and Families**

Children and youth who have experienced trauma, broken and insecure attachments, and other assaults to the brain present significant challenges to clinicians. Counselors, educators, social workers, parents, caregivers and others who support trauma-impacted families are invited to this intensive training on the use of coaching as an approach to building and strengthening attachments, addressing the emotional and behavioral manifestations of trauma, and resolving interpersonal conflicts.

Presenter Shenandoah Chefalo is a professional coach and author who presents to professional and family audiences across the country. Shenandoah is a survivor and alumni of the foster care system, and brings this personal experience to her work. Following a career in the legal field, Shenandoah wrote *Setting Your Vision and Defining Your Goals*, and recently published a memoir, *Garbage Bag Suitcase*. Shenandoah’s work has been featured on regional and national radio and social media.

$50 per participant; CEUs available for additional fee. Learn more at **www.FormedFamiliesForward.org**



Friday, April 1 \* 8:30 AM - 1 PM

at Formed Families Forward

4031 University Dr., Fairfax, VA 22030