

TAKING STEPS TO Healthy Success

Virginia's Early Care & Education Learning Collaboratives



Information Overview: 2016-2017 Childhood Obesity Prevention Learning Collaborative Project Helping Virginia's young children grow up healthy and ready to learn!

■ PARTICIPATING PROGRAM BENEFITS

- Engaging, hands-on training about how ECE programs can prevent childhood obesity
- Opportunity to network with other ECE professionals
- Professional development clock hours (30 for leadership team, 10 for program staff)
- FREE toolkits, books, CDs, and resources to use with children, information for families
- \$500 stipend/program
- FREE technical assistance on-site between Learning Sessions to help plan, and educate staff

■ WHO CAN PARTICIPATE

Childcare centers, preschools, and HeadStart programs serving 50 children will be prioritized, but ALL programs serving 35+ children can apply if located in the following communities:

- Alexandria City, Arlington County, Fairfax County, Loudoun County, Fauquier County

■ PROGRAM COMMITMENT

- Send program leadership team to five 6-hour Learning Sessions (scheduled 8-10 weeks apart)
- Share information with your program, and complete tasks between Learning Sessions
- Develop program action plan for health-related improvement

■ MORE INFORMATION

Contact Peggy Watkins, Professional Development Coordinator, at 804.285.0846 or PeggyW@va.ChildCareAware.org for more information, or to request a *Program Interest Form*.



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



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