

Name That Feeling!

Overview: Students participate in a game show like activity, identifying feelings/emotions being experienced by literary characters.

Procedure:

1. Develop illustrated cards depicting different types of emotions (Happy, Sad, Anxious for example.)
2. Review each of the cards with students, describing links to student experiences that might make them feel that way and characteristics you might observe of someone else feeling an emotion.
3. Select and read a leveled text that depicts a character or characters experiencing different feelings.
4. While reading text that includes the description of a character experiencing a feeling/emotion, pause and ask students to “name that feeling!” by displaying the appropriate emotion card.
5. Check students’ answers, provide feedback, ask students who answered correctly what clues they used to determine the answer.

ASOL Covered in this Activity:

3E--CF2f: The student will identify the traits, motivations, or feelings of characters in a story;

Extension Idea: Have students perform or act out different feelings or emotions and have peers identify them.

3E--CF2h: The student will list a progression of a series of events in a fictional text.

Extension Idea: Have students storyboard, list, or draw pictures of the progression of events in a fictional text including a description of the feelings/emotions of a main character as they relate to each event.

3E--CF1e: The student will identify the actions and feelings of the characters in a familiar story.

Extension Idea: Have students tell a story about an experience in their life where they (or someone they know) were scared or anxious to a small group of peers. Have group members question the storyteller about the feeling and what they did to overcome their fear.

3E--RW3e: The student will identify words that describe personal emotional states.

Extension Idea: Have students sort and match cards depicting visual representations of different feelings/emotions with the written name of that feeling/emotion.

Materials Needed: Images of people displaying different emotions, notecards, writing instruments, and appropriate leveled reading material with character experiencing different feelings/emotions.

Instructional Setting: Classroom

Community Connections and/or Peer Interaction: Students will be encouraged to ask peers and family how they are feeling, using their understanding of character traits and feelings to relate and respond.

Functional Activity/Routine: Identifying emotions/feelings that you or those around you are feeling is a functional activity. Discuss and practice with students strategies to identify and manage your own emotions, as well as how to identify emotions people around you may be feeling and how to interact with them.

Strategies to Collect Evidence: Collect anecdotal evidence regarding the progression of student's awareness of their emotions (and those around them) over time.

Read student a story individually and have them "name that feeling" using emotion cards.

Have students match illustrations of emotional states with the words that describe them.

Specific Options for Differentiating this Activity:

Allow students who are non-verbal or have physical limitations to participate in "Name That Feeling" with a communication board or AAC device.

Use audio recordings of the voice's of different people experiencing emotions rather than images for students with visual impairments.

Show motion pictures/videos of individuals experiencing emotions. Play "Name That Feeling" using same procedure as listening to a story.