

# Learn the Signs. Act Early. (LTSAE) Digital Toolkit

CDC's "Learn the Signs. Act Early." program encourages parents and providers to learn the signs of healthy development, monitor every child's early development, and act early when there is a concern. The program offers free checklists and other tools to make developmental monitoring practical and easy.

## CDC's Milestone Tracker App

CDC's Milestone Tracker app, available in English and Spanish, provides a fun and easy way for parents and caregivers to track and support their child's early development from ages 2 months to 5 years.

[Click here to learn more >](#)



## Milestone Checklists

How a child plays, learns, speaks, acts, and moves offers important clues about his or her development. Families can use these checklists to track and celebrate their child's development and learn what to do if they ever have concerns.

[Available in Spanish >](#)

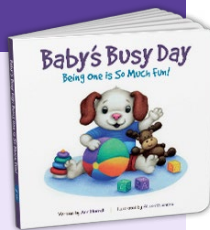
[Click here to download >](#)



## Information for Families

LTSAE has free tools to help families track their children's milestones. Visit this website for children's books, milestone checklists and more.

[Click here to learn more >](#)



## Concerned About Your Child's Development?

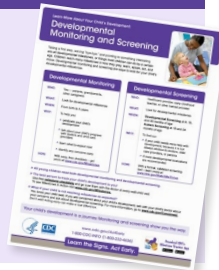
It is important to act early and talk to the doctor if there are ever any concerns about a child's development. This website provides information on how families can get help if they have concerns.

[Click here to learn more >](#)

## Developmental Monitoring and Screening

The American Academy of Pediatrics recommends both developmental monitoring and developmental screening for all children. This fact sheet provides information in English and Spanish on the importance of both.

[Click here to learn more >](#)



## Early Intervention Information by State

Each state and territory has an early intervention program that provides free or low cost services and supports to children under age 3. This website provides more information on how families can have their child evaluated.

[Click here to learn more >](#)

## Videos, Social Media, and Web Buttons

These videos and digital assets from "Learn the Signs. Act Early." can be shared on your website, posted to social media, shown in waiting rooms, and included in presentations.

[Click here to learn more >](#)



## Milestones Matter with CDC and Vroom

This free poster from CDC and Vroom shares the importance of tracking children's development and using brain building tips to add learning to everyday moments.

[Available in Spanish >](#)

[Click here to download >](#)



For a list of all LTSAE's free materials, visit [www.cdc.gov/ActEarly/Materials](http://www.cdc.gov/ActEarly/Materials)



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