| DOMAIN: SELF-MANAGEMENT | | | | |
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|  | | Skill LevelEmerging: EPartial: P **S**killful: **S** | Instructional Priority for this year?Yes/No | **Are there any ASOL that might be embedded in this skill?**  **Yes/No**  **If Yes, which ones:**  **(Note: not all skills have embedded academic components)** |
| Eating Skills | | | | |
|  | Drinks |  |  |  |
|  | Chews/swallows |  |  |  |
|  | Eats finger foods |  |  |  |
|  | Uses table utensils |  |  |  |
| Dressing Skills | | | | |
|  | Identifies clean vs. soiled clothing |  |  |  |
|  | Selects/wears appropriate clothing/accessories |  |  |  |
|  | Puts on/takes off clothing |  |  |  |
|  | Puts on/takes off shoes |  |  |  |
|  | Demonstrates use of a variety of clothing fasteners |  |  |  |
| Toileting Skills | | | | |
|  | Indicates need for toileting or when soiled/wet |  |  |  |
|  | Follows toileting schedule |  |  |  |
|  | Assists with toileting |  |  |  |
|  | Is toilet trained |  |  |  |
|  | Wipes |  |  |  |
|  | Uses toilet in school and community setting |  |  |  |
| Personal Hygiene Skills | | | | |
|  | Controls drooling |  |  |  |
|  | Cares for oral hygiene |  |  |  |
|  | Blows/wipes nose appropriately |  |  |  |
|  | Sneezes/coughs appropriately |  |  |  |
|  | Bathes/showers |  |  |  |
|  | Washes face |  |  |  |
|  | Washes hands |  |  |  |
|  | Acknowledge the importance of skin care |  |  |  |
|  | Performs hair care |  |  |  |
|  | Uses deodorant |  |  |  |
|  | Identify proper products for hygiene and where to obtain them |  |  |  |
|  | Takes care of feminine hygiene needs |  |  |  |
| Grooming Skills | | | | |
|  | Combs/brushes hair |  |  |  |
|  | Takes care of nails |  |  |  |
|  | Shaves |  |  |  |
|  | Uses cosmetics |  |  |  |
| Health Care Skills | | | | |
|  | Indicates where medical attention is available |  |  |  |
|  | Distinguishes between prescription and non prescription drugs |  |  |  |
|  | Takes medication appropriately |  |  |  |
|  | Reports seizures or when feeling ill |  |  |  |
|  | Identifies illnesses/injuries that require medical interventions |  |  |  |
|  | Demonstrates knowledge of common illness and injury prevention and treatment |  |  |  |
|  | Development and maintain an exercise program |  |  |  |
|  | Demonstrates ability to access community health facilities |  |  |  |
| Personal Safety | | | | |
|  | Recognizes need for personal safety |  |  |  |
|  | Avoids dangerous places/situations |  |  |  |
|  | Demonstrates actions to take in the event of an emergency |  |  |  |
|  | Demonstrates ability to get assistance |  |  |  |
|  | Demonstrates awareness of appropriate touching |  |  |  |
|  | Demonstrates stranger safety |  |  |  |
|  | Demonstrates how to handle money safely |  |  |  |
|  | Uses personal identification cards |  |  |  |
|  | Manages possessions appropriately |  |  |  |
| Decision Making Skills | | | | |
|  | Recognizes a problem |  |  |  |
|  | Anticipates consequences |  |  |  |
|  | Locates/utilizes sources of assistance |  |  |  |
|  | Develops/evaluates alternatives |  |  |  |
|  | Demonstrates decision making skills |  |  |  |