



Brain Injury/Concussion Return to Learn

Children and adolescents are among those at greatest risk for head injuries. These injuries can happen to anyone, not just athletes. Head injuries can have a more serious effect on the young, developing brain. Proper recognition and response to the symptoms in the school environment can prevent further injury and can help with recovery.

Rockingham County Public Schools has been very proactive in our response to symptom and academic monitoring of students with a diagnosis of, or symptoms of a brain injury or concussion. Our two person Concussion Management Team (CMT) consists of a Symptoms Monitor, the School Nurse and the Academic Monitor (designated staff) in each of our schools. We are also fortunate to have a partnership with Sentara Orthopedics and Sports Medicine. Dr. Tom Weber and his team have been active in the development and implementation of our current response process.

FLOWCHART Step by step process for response and monitoring

<https://drive.google.com/a/rockingham.k12.va.us/file/d/0B1A8gWms9wWhZGY5NIB1YndvRGM/view?usp=sharing>

FORMS

CMT-1 CDC Signs and Symptoms (School Nurses)

<https://drive.google.com/file/d/0B1A8gWms9wWhWIZRVGdGeFBONkk/view?usp=sharing>

CMT-2 Symptom Monitoring Form (School Nurses)

<https://drive.google.com/a/rockingham.k12.va.us/file/d/0B1A8gWms9wWhZ1hybEpoVEFCbjg/view?usp=sharing>

CMT-3 Notification to Teachers (School Nurse)

<https://drive.google.com/file/d/1bjbQd4BwDcAZqm-RhZ8eh7kQDpSRZzM4/view?ths=true>

CMT-4 Academic Monitoring Form (Academic Monitor)

<https://drive.google.com/a/rockingham.k12.va.us/file/d/0B1A8gWms9wWhZ1hjQzZndkpRUWc/view?usp=sharing>

CMT-5 Recommendations to Student Study for Long Term Symptoms (Nurse and Academic)

<https://drive.google.com/a/rockingham.k12.va.us/file/d/0B1A8gWms9wWhdnRTYzVCcUlaWDA/view?usp=sharing>

I encourage you to view some of the resources at the link below. These are also posted on the RCPS website. You may want to review the ones that pertain specifically to Return-to-Learn or school based interventions.

https://docs.google.com/a/rockingham.k12.va.us/document/d/1dk-Buuw-D9AQYhh1GD_vVhF2C4Uc3j1jBjMlovEvcYE/pub

If you have questions about this response process, please contact:

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